

CLEOPATRA

world of wellness

Relax in luxury

SALT ROOMS

www.cleopatra.nl



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SALT ROOMS

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SALT ROOMS

Salt therapy has been around for centuries and is still relevant today—and for good reason. This activity can help improve lung health and alleviate depression and anxiety.

History of Halotherapy

The first halotherapy device was developed in 1980 by the Odesa Science Research Institute. The machine (halogenerator) is designed to grind and pulverize salt and release the particles into the air to simulate an underground salt mine environment.

What is halotherapy?

Halotherapy, or salt therapy, is a treatment that involves inhaling microscopic salt particles, which are said to alleviate lung conditions such as asthma, bronchitis, and coughs. There are two types of halotherapy chambers: active and passive.

Active salt room

This room uses a machine called a halogenerator. A halogenerator is a machine that grinds salt into microscopic particles and releases them into the air of a room. It is claimed that the salt particles absorb irritants, including allergens and toxins, from the airways, thereby improving overall lung health.

Passive salt room

Unlike active salt rooms, this room does not have a halogenerator. Instead, passive rooms are filled with various types of salt panels, such as Himalayan salt wall panels. These passive salt rooms are often designed to control the environment by regulating airflow, humidity, and temperature to create an allergen- and contaminant-free environment.



HEALTH BENEFITS

Clears the Airways

When you inhale dry salt particles deep into your lungs, your airways absorb them. This process clears out the harmful particles that cause your airways to narrow, making it easier to breathe. This is why doctors recommend halotherapy as a “bonus” for people with asthma.

Fights Bacteria

Salt is a remarkable natural antibacterial, antimicrobial, and antiviral agent. That’s why it was used as a preservative in the past. When salt enters your lungs, it dehydrates bacteria; without water, bacteria cannot function properly and eventually die.

Excellent anti-inflammatory

Inflammation occurs when white blood cells try to protect the body against bacteria, infections, or other foreign organisms. Salt is an excellent anti-inflammatory because it can flush toxins from your nasal passages and airways, thereby reducing swelling.

Improves Skin Health

Salt can help stabilize the skin’s pH levels and improve skin regeneration and elasticity. Additionally, halotherapy can help reduce skin conditions such as dermatitis, acne, and rashes.

Reduces anxiety and depression

Inhaling microscopic salt particles floods the body with negative ions. Negative ions trigger a biochemical reaction that increases serotonin levels in the brain.

Serotonin, known as the “feel-good chemical,” regulates our mood. Higher levels of serotonin help alleviate depression and relieve stress and anxiety.

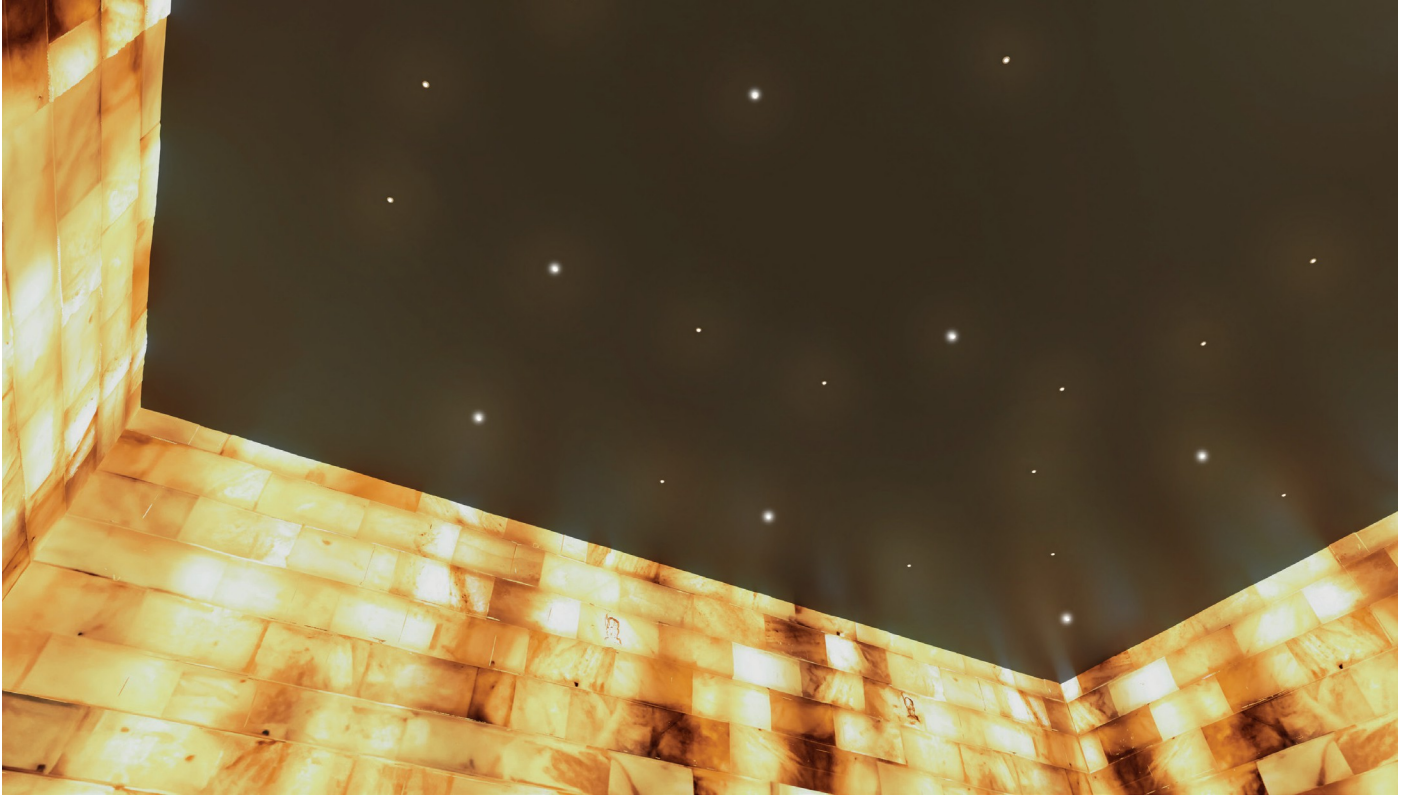
Disclaimer

Although halotherapy is considered safe and effective for preventive and restorative healthcare, it is not a medical treatment and does not provide a cure. You should consult your doctor to determine if halotherapy is suitable for you if you have a fever, open wounds, cancer, severe high blood pressure, mental health disorders, active tuberculosis, or if you are pregnant.

TECHNICAL INFORMATION

- Dimensions of Himalayan salt blocks: 200x100x50 mm
- The salt rooms are custom-made according to the customer's specifications
- Optional 230V atomizer (active or passive chamber)
- The room must always have ventilation and a supply of warm air.
- LED color lighting behind the salt wall (230V)
- 100% natural Himalayan salt blocks

OPTIONS



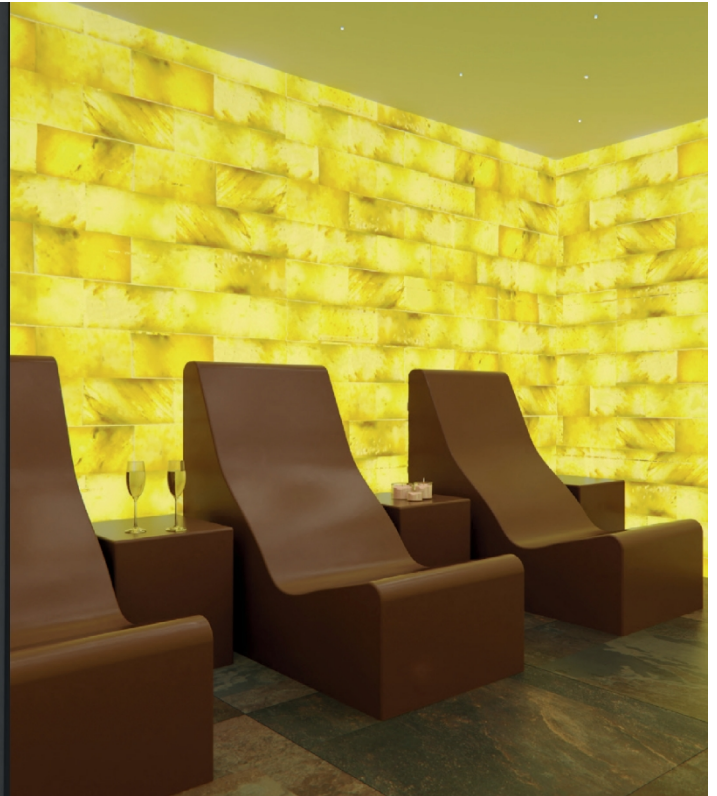
STARRY SKY



SPA COMFORT FURNITURE



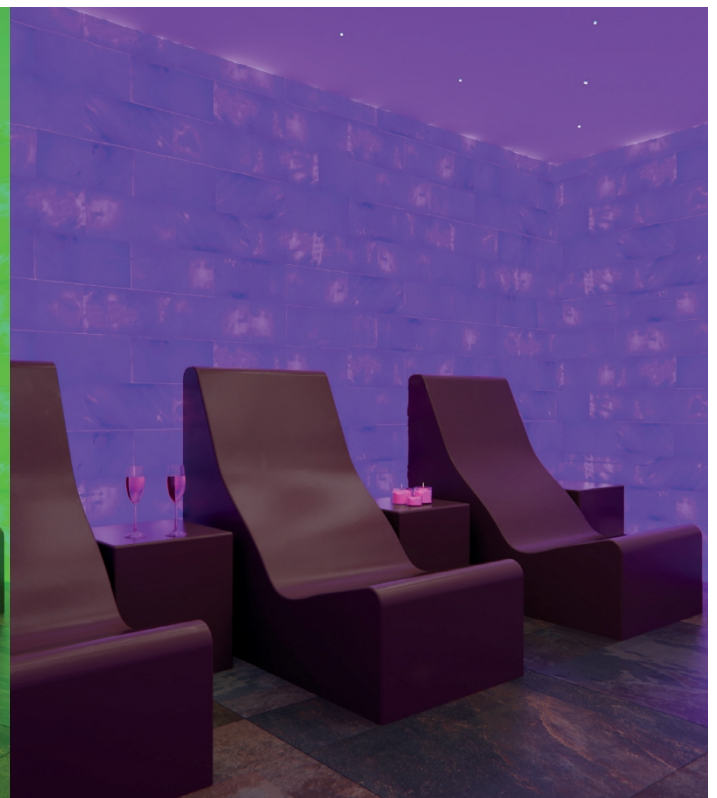
DIGITAL CONTROL



COLOR THERAPY



COLOR THERAPY



Cleopatra offers the perfect wellness experience for individual spaces. Smart solutions for a range of unforgettable moments of personal well-being and relaxation.

For more information about Cleopatra, visit our website at www.cleopatra.nl or contact the Cleopatra branch or partner in your country.

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Cleopatra

Since 1966, Cleopatra has been the Dutch manufacturer of luxury, high-quality wellness products. Our product range includes steam/shower cabins, custom steam solutions, bathtubs, whirlpools, saunas, infrared cabins, and spas. We serve both consumers and the professional market. Cleopatra's primary source of inspiration is water, with the consumer's need for relaxation as our top priority. To ensure quality, all our products are manufactured in-house by skilled craftsmen. In addition, we subject all manufactured products to comprehensive and thorough quality testing. With our passion for the product and our many years of experience, we guarantee the highest quality and durability of all Cleopatra products.

Showroom

To get a good impression of our products, we highly recommend visiting our showroom and Wellness Experience Center in Zaandam. The vast majority of our product range is clearly displayed here for you to explore. Our experienced staff will be happy to welcome you and offer advice.

Wellness Experience Center

Try out wellness products for the bathroom for yourself. Shower, steam, sauna, infrared, or bath—it doesn't matter. Experience the sensation of bubbling water, the beauty of the flowing design, the invigorating scents of the steam cabin, and the massaging power of the latest whirlpool system.

Personalized Advice

To ensure you receive the best advice, we also offer the option of having a Cleopatra wellness consultant visit your home to explore the possibilities for the ideal design of your wellness space. Please contact our office staff to schedule a consultation.

For more information, call 075 - 6478200 or visit www.cleopatra.nl